



# SKATER ISLAND

A skateboard is propelled by pushing with one foot while the other remains on the board, or by pumping one's legs in structures such as a bowl or half pipe. A skateboard can also be used by simply standing on the deck while on a downward slope and allowing gravity to propel the board and rider. If the rider positions their right foot forward, he is said to ride "goofy"; if the rider positions their left foot forward, he is said to ride "regular". If the rider is normally regular but chooses to ride goofy, he is said to be riding in "switch", and vice versa.



The hardest thing about skateboarding is consistency: the slightest flick of your foot or gust of wind can send your board flying, so it's really anybody's game out there.

## Grip Tape

Grip tape is a sheet of paper or fabric with adhesive on one side and a surface similar to fine sand paper on the other. Grip tape is applied to the top surface of a board to allow the rider's feet to grip the surface and help the skater stay on the board while doing tricks. Grip tape is usually black, but is also available in many different colors such as pink, yellow, checkered, camo, and even clear. Often, they have designs die-cut to show the color of the board, or to display the board's company logo.

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